

**GENEVIÈVE TRUDEL**  
Email: gtrud034@uottawa.ca

### **AREAS OF RESEARCH INTEREST**

Cognitive, health and developmental psychology

### **EDUCATION**

2015-2019            Honours Bachelor of Arts in Psychology, University of Ottawa  
(Supervisor : Sophie Lebel)  
Thesis title: Understanding the Relationship Between Cancer-  
Related Fatigue and Depression, Université d'Ottawa

### **AWARDS AND SCHOLARSHIPS**

2021-            **Vanier Canada Graduate Scholarship**, Social Science and Humanities  
Research Council, 50 000\$/year

2017-            **University of Ottawa Excellence Scholarship**, University of Ottawa,  
15 366\$

2021-2021        **Ontario Graduate Scholarship (OGS)**, Government of Ontario, 15 000\$

2019-2020        **Joseph-Armand Bombardier Canada (masters scholarship)**, Social  
Science and Humanities Research Council, 17 500 \$

2018            **Summer Research Scholarship of l'Institut du Savoir Montfort (ISM)**,  
Montfort Hospital, 6000 \$

2018            **Best poster presentation at the Institut du Savoir Montfort  
Conference**, Montfort Hospital, 250 \$

2017-2018        **Undergraduate Research Opportunity Program (UROP)**, University  
of Ottawa, 1000 \$

2016-2018        **Deans Honour List**, University of Ottawa

2017            **Roger Guidon Scholarship Fund**, University of Ottawa, 1000 \$

2015-2017        **Bourse d'accès aux études en français**, University of Ottawa, 1000 \$

2015-2016        **Merit Scholarship**, University of Ottawa, 2000 \$

2015            **Eastern Ontario Perseverance Scholarship**, University of Ottawa,  
1000 \$

2015            **Prix Richard**, École secondaire Béatrice Desloges, 500 \$

### **TRAININGS**

2021            Trauma-Focused Cognitive Behavioral Therapy

2020            How to Provide Antiracist Mental Health Care

2019            Basic Life Support (BLS)

2018            Formation appliquée en techniques d'intervention face au suicide (ASIST)

2018            Nonviolent Crises Intervention Training

## **PROFFESIONAL AND RESEARCH EXPERIENCE**

- 2019- **Research Assistant, INSPIRE Laboratory, University of Ottawa**
- SIPR student management
  - Creation of a community pool
  - Give tours of the laboratory
  - Maintenance of electronic devices
- 2019-2019 **Art Instructor, YouthNet (CHEO)**
- Teach art techniques
  - Coordinate the painting of a mural
  - Program animation : Pens and Paints
  - Promotion of mental health and artistic coping strategies
- 2018-2019 **Laboratory Coordinator, Cognition and Emotion Laboratory, Dr. Erin Maloney University of Ottawa**
- Management of volunteers, thesis students, and research students
  - Data collection and data analysis
  - Creation of questionnaires
- 2018-2019 **Youth facilitator, YouthNet (CHEO)**
- Presentation to adolescents: Wellness 101, StressLESS, How to Help a Friend
  - Program animation: Pens and Paints, Mindfulness, Trans Support Group, Chronic Pain Support Group
  - Promotion of mental health and coping strategies
- 2018-2019 **Community partner, SafeTalk**
- Suicide prevention
  - Create safety plans for individuals at risk of suicide
- 2018-2019 **Receptionist in Mental Health, Montfort Hospital**
- Organization of medical documentations
  - Organization of patient files
  - Greet patients and their family
- 2018-2019 **Research assistant, Cognition and Emotion Laboratory, Dr. Erin Maloney, University of Ottawa**
- Literature review
  - Creation of questionnaires
- 2017-2019 **Volunteer, Laboratory of Psychosocial oncology, Dr. Sophie Lebel, University of Ottawa**
- Analyse de données
  - Revue de la littérature
  - Transcription

- 2013-2019 **Volunteer, Mental Health Inpatient Unit, Montfort Hospital**
- Reassure patients and their families
  - Organize and animate creative and social activities for patients
  - Talk to patients about their concerns
- 2017-2018 **Youth Care Worker, MARY Homes**
- Crisis management
  - Supervision of youth
  - Organization of leisure activities
- 2016-2018 **Volunteer, Child and Adult Relationships and Environments Lab, Dr. Jean-François Bureau, University of Ottawa**
- Administration of psychological tasks for children
  - Transcription
- 2016-2017 **Research assistant, The Human Motivation Research Laboratory, Dr. Luc Pelletier, University of Ottawa**
- Meeting of ISPR students
  - Literature review
  - Compute data

#### **ADMINISTRATIVE EXPERIENCE**

- 2019 - **Facilitator, 1 in 5 initiative, University of Ottawa**
- 2021-2021 **Committee member, Implementation Committee, University of Ottawa**
- 2020-2021 **Co-President, Interdisciplinary Conference in Psychology, University of Ottawa**
- 2019-2020 **Co-Director, Interdisciplinary Conference in Psychology, University of Ottawa**
- 2018-2020 **Student representative, Comité étudiant de l'Institut du Savoir Montfort, Montfort Hospital**
- 2019-2020 **Student representative, Graduate Association of Students in Psychology, University of Ottawa**

#### **PEER-REVIEWED PUBLICATIONS**

- Dion, K., Bodnaruc, A., **Trudel, G.**, Lamarche, J., Ranger, V., Fobert, S., Church, K., Mukunzi, J., & René, J. (2021). La modélisation par équations structurelles – Un guide d'accompagnement pour l'interface R. *Book submitted to the The Quantitative Methods for Psychology*. 1-82.
- Delage, V., **Trudel, G.**, Retanal, F., & Maloney, E. (2021). Spatial anxiety and spatial ability: Mediators of gender differences in math and spatial anxiety. *Manuscript revised and resubmitted to Journal of Experimental Psychology: General*. 1-45.

- Jones, G., Gollish, M., **Trudel, G.**, Rutkowski, N., Brunet, J., & Lebel, S. (2020). A perfect storm and patient-provider breakdown in communication: two mechanisms underlying practice gaps in cancer-related fatigue guidelines implementation. *Supportive Care in Cancer*, 1-9.
- Jones, G., Rutkowski, N., **Trudel, G.**, St-Gelais, C., Ladouceur, M., Brunet, J., & Lebel, S. (2020). Translating guidelines to practice: a training session about cancer-related fatigue. *Current Oncology*, 27(2), 1-33.
- Petricone-Westwood, D., Jones, G., Mutsaers, B., Séguin Leclair, C., Tomei, C., **Trudel, G.**, Dinkel, A., & Lebel, S. (2019). A Systematic Review of Intervention for Health Anxiety Presentations Across Diverse Chronic Illnesses. *International Journal of Behavioral Medicine*, 26(1), 3-16.
- Lebel, S., Mutsaers, B., Tomei, C., Séguin Leclair, C., Jones, G., Petricone-Westwood, D., Rutkowski, N., Ta, V., **Trudel, G.**, Lavigne, A., & Dinkel, A. (2019) Health Anxiety and Chronic Disease: Does the Shoe Fit? A Systematic Review of Health Anxiety Manifestations in Patients with Chronic Diseases. *Plos One*, 15(7), 1-106.

### **CONFERENCE PRESENTATION**

- Trudel, G.**, Delage, V., Retanal, F., & Maloney., E. (2021, May-September). *Math Anxiety is a Mediator of the Relation Between Gender and Math Achievement*. Poster presentation at the Association for Psychological Science (APS) conference, Webinar.
- Delage, V., **Trudel, G.**, Retanal, R., & Maloney, E. A. (2021, May). *Manipulation Ability, Manipulation Anxiety, Navigation Anxiety and Math Ability Mediate the Relation between Gender and Math Anxiety*. Poster presentation at the Association for Psychological Science Virtual Convention, Online.
- Trudel, G.**, Delage, V., Retanal, F., & Maloney., E. (2021, June). *Math anxiety is a mediator of the relation between gender and math achievement*. Poster presentation at the Canadian Association of Psychology (CPA) conference, Webinar.
- Trudel, G.**, Delage, V., Retanal, F., & Maloney., E. (2020, June). *Is the gender difference in math performance better explained by math anxiety?* Poster presentation at the International Mind, Brain and Education Society (IMBES) conference, Webinar.
- Trudel, G.**, Delage, V., Retanal, F., & Maloney., E. (2020, June). *Math anxiety mediates the relation between gender and math achievement*. Poster presentation at the Mathematical Cognition and Learning Society (MCLS) conference, Webinar.

- Delage, V., **Trudel, G.**, Retanal, F., & Maloney, E. (2020, May) *Three types of spatial anxiety and spatial ability: Mediators of sex differences in math and spatial anxiety*. Poster presented at the Interdisciplinary Conference in Psychology, Ottawa, Canada.
- Trudel, G.**, Delage, V., Retanal, F., & Maloney, E. (2020, May). *Gender, Math Achievement and Math Anxiety: A Mediation Analysis*. Poster presentation at the Interdisciplinary Conference in Psychology conference, Ottawa, Canada.
- Bialczyk, A., **Trudel, G.**, & Maloney, E. (2020, April). Spatial language in children's play: Are virtual puzzles a better learning tool than physical puzzles?. Undergraduate Research Opportunity Program, Canada
- Jones, G., **Trudel, G.**, Rutkowski, N., Brunet, J., Lebel, S. (2019). A Perfect Storm and Patient-Provider Break Down in Communication: Two Mechanisms Underlying Practice Gaps in Cancer-Related Fatigue Guidelines Implementation.
- Trudel, G.**, Séguin Leclair, C., Lebel, S. (2019, May). *Understanding the relationship between cancer-related fatigue and depression*. Oral presentation at the Canadian Association of Cognitive and Behavioural Therapies conference, Montréal, Canada.
- Petricone-Westwood, D., Jones, G., Mutsaers, B., Séguin Leclair, C., **Trudel, G.**, Tomei, C., Dinkel, A., & Lebel, S. (2019, May). *How are cognitive-behavioural therapies employed to treat health anxiety in patients with chronic illness?* Oral presentation at the Canadian Association of Cognitive and Behavioural Therapies conference, Montréal, Canada.
- Delage, V., **Trudel, G.**, & Maloney, E. A. (2019, May). *Exploring the relation between spatial abilities and various types of mathematics*. Poster presented at the Interdisciplinary Conference in Psychology, Ottawa, Canada.
- Delage, V., **Trudel, G.**, & Maloney, E. A. (2019, March). *Exploring the relation between spatial abilities and various types of mathematics*. Poster presented at the Undergraduate Research Opportunity Program Poster Symposium, Ottawa, Canada.
- Trudel, G.**, Jones, G., & Level, S. (2018, June). *Differentiating cancer-related fatigue and depression*. Affiche présentée à l'Association Canadienne d'Oncologie Psychosociale, Toronto, Canada.

**Trudel, G., Jones, G., & Level, S.,** (2018, May). *Differentiating cancer-related fatigue and depression*. Affiche présentée à la Conférence Interdisciplinaire en Psychologie, Ottawa, Canada.

**Trudel, G., Jones, G., & Level, S.,** (2018, April). *Differentiating cancer-related fatigue and depression*. Affiche présentée à la Conférence de l'Institut de Recherche Montfort, Ottawa, Canada.

### **PROFESSIONAL ASSOCIATIONS**

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2020-	Canadian Psychology Association (CPA)
2019-2020	Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS)
2019-2020	The Mathematical Cognition and Learning Society (MCLS)
2018-2019	Canadian Association of Psycho-Oncology (CAPO)